



Welcome to the MAKO Sprint Challenge
May 14 version

We have been asked to revise warm-ups to allow more time between sessions

Please advise your swimmers of the changes

We have assigned warm-ups. *They have changed since the last printing.*

Please note that we will begin warm-ups later Sunday AM

Saturday and Sunday afternoons warm-ups now begin at the same time

We will need help. A timer list will follow.

Saturday AM Warm-up Assignments

Saturday	1	2	3	4	5	6	7	8
7:00	WTRC	WTRC	KEY	RAYS	MAKO	OHST	KCST	MHSW
7:30	SYL	WOR	SPR	ECST	LTPY LESD	CAC	CAC	CAC

Meet ends 11:30 AM

Saturday and Sunday afternoons are now the same

	1	2	3	4	5	6	7	8
12:30	RAYS	RAYS	RAYS	RAYS	WTRC	WTRC	MAKO	MSHW SYL
12:55	WOR	WOR	KCST	OHST	SPR KEY	LTPY ECST PBCY	CAC	CAC

Meet ends 5:30 PM Saturday Finish 6:15 PM Sunday

NOTE!!!! Sunday is shorter – we will start later

Sunday	1	2	3	4	5	6	7	8
8:00	WTRC	WTRC	KEY	RAYS	MAKO	OHST	KCST	MHSW
8:30	SYL	WOR	SPR	ECST	LTPY LESD	CAC	CAC	CAC

Meet ends 11:30 AM

We will need your help with workers. Ask certified officials to contact Bill Houk Houktw@muohio.edu

At the conclusion of the meet please pick up your awards. NO AWARDS will be mailed